

# Know Before You Go

## Preparing for the Public Health H1N1 Vaccine Clinic

### Be ready to wait.

- Demand for vaccines has been high, and large numbers of people are expected
- Protect yourself from the sun with a hat, sunscreen, or umbrella
- Bring toys or games for your kids
- Bring food and water so you don't lose your place in line
- Wear shoes that are comfortable for walking and standing
- If you are diabetic or have other medical conditions, bring your medication



### Fill out the form ahead of time.

- If possible, print and fill out the vaccination form before coming to the clinic. The form is available at: <http://www.publichealth.lacounty.gov>
- Print the form on standard sized white paper
- Filling out the form does not guarantee that you will get vaccinated

A sample of a vaccination form titled "Vaccination Form". It contains various fields for patient information, including name, address, phone number, and date of birth. There are also sections for medical history, including allergies, chronic conditions, and previous vaccinations. The form is filled out with example information.

### Not everyone will get vaccinated.

- If you are not in one of the target groups, you are not eligible to get vaccinated at this time
- Vaccine supply is expected to improve soon; individuals who don't fall into the target groups listed will be able to be vaccinated in the coming weeks
- H1N1 vaccines will continue to be available.  
For locations and details, please visit our website: <http://www.publichealth.lacounty.gov> or call 2-1-1 from any phone within Los Angeles County.

- H1N1 Target Groups**
- Pregnant women
- Children and young adults from 6 months to 24 years
- People caring for infants under 6 months of age
- People aged 25–64 with a chronic medical condition
- Health care workers
- Emergency medical providers

