Stars Behavioral Health Group

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Alameda County

STARS Community Services
: San Leandro
STARS High School

Los Angeles County

Star View Adolescent Center
Star View Children and Family Services
South Bay High School
Star View Community Services / TEAMMATES
: Torrance
: Long Beach
: Highland Park
: Compton

Riverside County

Oasis Rehabilitation Center
Oasis Community Services
: Indio

San Bernardino County

Valley Star Children and Family Services
: San Bernardino
Valley Star High School
: Mentone

Santa Clara County

Starlight Community Services
: San Jose

March 10, 2010

See Distribution

RE: Star View Adolescent Center 2008 / 2009 Program Report

Dear Star View Stakeholder:

Star View is California's highest level community-based residential treatment program and has been utilized by 14 counties. We are pleased to present to you our *2008 / 2009 Program Report with Historical Trends*. This report summarizes information about the *Star View Adolescent Center* program for fiscal year (FY) 2008-2009 as well as patterns and trends over recent years (FY 05-06 forward).

The report begins with a list of the milestones in the history of the program. Highlights of the report, including comparisons to 2004-2005, include:

- *Lengths of stay have stabilized:* 102 high needs children were served during this one year period (compared to 104 in 2004-2005).
- *Prior living sites changed:* More clients came from juvenile detention facilities and fewer from group homes.
- *Admission legal status changed:* Many more clients were admitted with a conservatorship (34%) or a temporary conservatorship (14%).
- *Admission acuity increased:* Average admission C-GAS scores were lower and CAFAS scores were higher than in previous periods.
- *Increased PHF admissions:* On average, clients had more return admissions to the PHF, indicating more crisis episodes and heightened acuity.
- *Effectiveness of Evidence-Based Practices:* Aggression Replacement Training (ART) and Dialectical Behavioral Therapy (DBT) correlate, respectively, with reduced incidents of assault and self harm.
- *Discharge acuity decreased:* Per CAFAS scores, clients needing intensive treatment declined from 75% at admission to 20% at discharge.
- *Continued high needs at discharge:* Clients needing the same or higher level of care at discharge increased slightly, from 15% to 18%, again compared to 2004-2005.

From our origin 14 years ago, Star View Adolescent Center has strived to serve Los Angeles County's highest needs children and their families. Since 2006, we have opened our doors to clients statewide. Through our unique combination of an acute/subacute Psychiatric Health Facility, an intensive Community Treatment Facility, and our specialized Non-Public School, we have focused on achieving permanency, safety, and wellbeing outcomes, in addition to utilizing evidence-based practices for effective mental health treatment.

As always, thank you for your ongoing support. Star View Adolescent Center rises to the challenge each day of serving the needs of children and families. We can only continue to do this if we have a strong partnership with you.

I would be happy to meet with you if you wish to discuss the report or have any questions.

Sincerely,

Kent Dunlap

Kent Dunlap,
Star View Executive Director and
Vice President of Operations
Stars Behavioral Health Group

cc: Mary Jane Gross, President
Peter Zucker, Ph.D., Vice President of Clinical Services
Ed Hoefle, Star View Adolescent Center Administrator

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