

2016 TRIUMPH!

Through the Challenges of Fetal Alcohol Spectrum Disorders Parenting Class



Who should attend?

Parents and guardians raising children with a diagnosed or suspected Fetal Alcohol Spectrum Disorder (FASD). This proven psychoeducational curriculum examines characteristics of FASD, strategies for addressing a child's inappropriate behavior, coping skills for parents, and much more.

When?

Six classes: Thursdays, 10:00am to 12:00pm

English classes:

Cycle 1: Jan 14 - Feb 18

Cycle 2: May 5 - Jun 9

Cycle 3: July 7 - Aug 11

Cycle 4: Nov 3 - Dec 15*

Spanish Classes:

Cycle 1: Mar 10 - Apr 14

Cycle 2: Sept 1 - Oct 6

Where?

Violence Intervention Program CMHC

1721 Griffin Avenue
Los Angeles, CA
90031

Childcare will be available

**No class on 11/24*

Questions?

Please contact Dr. Michele Walker-Bauer:

323-221-4134 ext. 107 for more information on how to enroll in a class.

2016 MONTHLY

FASD PARENT SUPPORT GROUP

**1st Thursday
of every month
10:30am - 12pm**



Come and find support with other parents of children with prenatal alcohol/drug exposure:

- Share stories and experiences
- Discuss strategies that can help your child function better
- Learn more about effective advocacy for your child
- Obtain helpful resources and information

**Adults only – No children/teens under 18 years*

**Childcare will be available –if you call to register your child(ren) at least 2 days before the class*

For more information or to reserve your spot, please contact:

Michele Walker-Bauer, Ph.D. 323-221-4134 ext. 107

February 4

March 3

April 7

May 5

July 7

August 4

September 1

October 6

November 3

December 1

**No group in June*