



Department of Children and Family Services
Kinship Support Division
Providing Assistance and Support to Relative Caregivers
Volume II, Issue 3, March 2012

QUOTE OF THE MONTH: Hold yourself responsible for a higher standard than anyone else expects of you. Never excuse yourself. -Henry Ward Beecher

KINSHIP IN ACTION

The Kinship Division has begun a campaign working closer on open cases in the Regional Offices. Thank you to the **Compton Regional Office** who has referred the most relative caregivers for support services to the Kinship Support Division in the month of January. Your preventative efforts in helping relative caregivers and children in their care is admirable. **WHO WILL BE THE REGIONAL OFFICE WITH THE MOST KINSHIP REFERRALS FOR THE MONTHS OF FEBRUARY AND MARCH?** Kinship referrals can be found on LAKIDS in the Kinship Website or on the internet at: <http://dcfs.co.la.ca.us/> (in the Kinship section). Referrals can be faxed to: the Kinship office at (562)777-1633 or e-mailed to Youser@dcfs.lacounty.gov.

IF YOU BUILD IT THEY WILL COME: KINSHIP'S HOT MONTHLY RESOURCES:

***Project Step Up** aims to prevent or reduce alcohol misuse in teens ages 13 to 18 years who had prenatal exposure to alcohol. The six-week program, which is funded by the National Center on Birth Defects and Developmental Disabilities of the Centers for Disease Control and Prevention, includes separate one-hour group meetings for teens and their parents (caregivers). It uses proven strategies, such as motivational interviewing techniques, to help teens resist alcohol. Participating teens are compensated for their time with gift cards of up to \$60. Free pizza dinners are provided for both teens and their parents (caregivers) at each session. Meetings are held in the evenings to accommodate working parents (caregivers). All teens receive an examination by the project geneticist for the presence of a fetal alcohol spectrum disorder, including a written report. DCFS training credit is given to participating foster parents / caregivers. **For more information and to determine eligibility for the study, please call: (310) 825-8738.**



***This Healthy Eating Lifestyle Program (HELP)** is currently being offered in several communities **free of charge** for families with one or more children ages 5-12 years that are overweight or obese (have a BMI in the 85th percentile or greater). This program is designed to educate *families* about healthy eating habits and the importance of play and physical activity. Piloted by the Los Angeles Chronic Disease Management Consortium at five hospitals in Los Angeles, the HELP program has significantly decreased body mass index (BMI) as well as improved knowledge and behaviors related to healthy lifestyles. The program consists of five weekly two-hour classes and a follow-up session three to six months after the end of the program. Most programs are offered in English and Spanish. If you are interested in making a referral or signing up for the class, please contact one of the sites below. General questions about the HELP program should be directed to Mia Arias, Program Director at (213) 538-0743. **FEEL BETTER TODAY!**

HELP Location	Phone Number	Program Contact
St. Francis Medical Center, Lynwood	310-900-7402	Jonathan Sandoval
Huntington Hospital Pasadena	626-397-3660	Hazel Garcia
San Antonio Community Hospital, Upland	909-920-6153	Kristen Compean
Torrance Memorial Medical Center, Torrance	310-517-4711	Helaine Lopes
Pomona Valley Hospital Medical Center, Pomona	909-630-7785	Leigh Cornell
California Hospital Medical Center, Los Angeles	213-742-5569	Marta Connor



SAVE THE DATE:

*Kinship Support Division South, 9834 Norwalk Blvd. Santa Fe Springs, 90670 will be hosting a meeting on **Educational Issues** facing our children on Thursday, April 12, 2012 from 5:15-7pm. Call (562) 324-5282 for specific educational questions that you would like answered from our DCFS educational consultant.

***Kinship Conference Coming ...**

Thursday, June 7, 2012 – MORE INFORMATION WILL BE ON IT'S WAY...



KINSHIP IS HAVING AN
OPEN HOUSE

TUESDAY, APRIL 10, FROM 9:00 A.M. – 4:00 P.M.
JOIN US!

9834 NORWALK BLVD., SANTA FE SPRINGS.

Meet staff and learn about the many exciting activities coming your way! Refreshments and goodies provided.

ARE YOU A RELATIVE CAREGIVER?

Encore Parenting: Navigating Generations wants to hear from YOU!!! IF YOU ARE A RELATIVE CAREGIVER WHO RESIDES IN DCFS SPA 3 AND 8 ZIP CODES, by participating in a simple relative caregiver survey, you will be repaid by not only knowing you have given your feedback directly to our federal government, but you will also be given a **\$20 Target gift card (while supplies last)!** You can complete the survey with Encore staff **at the Kinship Open House on April 10 or by calling Encore at 1-888-4KINSHIP** to find out how you can participate in providing this vital information and receive a gift card. Not sure you qualify? Just give Encore a call. We cannot make a difference WITHOUT YOU!

EVENTS:

***AB-12 and Shared Living Agreements Workshop,**

Date: Mar. 17, 2012, Location: Pasadena City College Community Education Center 3035 E. Foothill Blvd. Pasadena, CA, Room: Bungalow 5 (near the rear parking lot), Time: 9:00 A.M. - 3:00 P.M.

***Kinship Orientation Training**

Date: March 22, 2012, Location: DCFS Kinship Resource Center (South), 9834 Norwalk Blvd. Santa Fe Springs, CA 90601, Time: 9:30 – 1:30pm, **Lunch will be provided.**

Presented by Rio Hondo College. Please call (562) 908-3435 to register.



KINSHIP SUPPORT GROUPS:

When: 1st **Tuesday** of the Month **March 6, 2012**, 10:00 am to 12:00 pm, **Where:** DCFS Kinship Resource Center North, 5035 W. Slauson Avenue, Suite G, **Los Angeles** 90056, Contact: Barbara Barabino CSW III, (323) 298-6016 or (323) 298-3515

When: 2nd **Wednesday** of the Month **March 14, 2012** 10:00 am to 11:30 am, **Where:** Apostolic Christian Fellowship Church, 7601 Crenshaw Blvd, **Los Angeles**, CA 90043, **Topic:** **Department of Mental Health- Trauma and Suicidality**, Contact: Elizabeth Harris, CSW III – Phone (562) 777-1751

When: 3rd **Thursday** of the Month **March 15, 2012**, 10:00 am to 12:00 pm, **Where:** Santa Anita Family Service, 605 S. Myrtle Ave., **Monrovia**, CA 91016., **Topic:** **Department of Mental Health- Trauma and Suicidality**, Contact: Heidi Yeh, CSW III – Phone (562) 777-1751

When: 4th **Tuesday** of the Month **March 27, 2012** 10:00 am to 12:00 pm, **Where:** Pomona Palomares Senior Center, 499 E Arrow Highway, **Pomona**, CA 91767. (909) 620-2324, Contact: Cecilia Chang, CSW III – Phone (562) 777-1751

When: 4th **Wednesday** of the Month **March 28, 2012**, 9:30 am to 11:30 am, **Where:** DCFS Glendora Office, 725 S Grand Ave, **Glendora**, CA 91740. Contact: Cecilia Chang, CSW III – Phone (562) 777-1751

When: 4th **Wednesday** of the Month **March 28, 2012** from 10:00 am to 11:30 am. , **Where:** Katy Geissert Library, 3301 Torrance Blvd, **Torrance**, CA 90503

Topic: **Department of Mental Health- Trauma and Suicidality**, Contact: Elizabeth Harris, CSW III – Phone (562) 777-1751

NOTE: Grand Parents as Parents meet each Wed at 9 am, at the Kinship Resource Center., 9834 Norwalk Blvd, **Santa Fe Springs**, CA 90670, Call Barbara Wasson, 562-921-7554

Bilingual (Spanish) Support Groups

When: 4th **Tuesday March 27th, 2012** of the Month from 9:30 am to 12:00 pm. , **Where:** At the Kinship Resource Center Office 9834 Norwalk Blvd, **Santa Fe Springs**, Ca 90670, Call Vera Griego, 562-944-1371, if you wish to attend.



The following **Bilingual Spanish support groups** are conducted by **CSW, Viktor Cervantes, (562)777-1751.**

During the follow support groups (for a portion of the meeting), the Department of Mental Health will be speaking on Trauma and Suicidality.

South Gate support group, **2nd Tuesday March 13, 2012** of the month, 9:30 am-11:30 am., Address: 9200 State Street, **South Gate**, CA. 90280.

Long Beach support group, **3rd Tuesday March 20, 2012** of the month, 9:30 am-11:30 am., Address: 6335 Myrtle Av. **Long Beach**, CA. 90805.

East LA support group, **3rd Thursday March 22, 2012** of the month, 9:30 am-11:30 am., Address: 4716 Cesar Chavez Ave. **Los Angeles**, CA 90022.

LA Harbor support group, **4th Wednesday March 28, 2012** of the month, 9:30 am-11:30 am. Address: 1111 Figueroa Place, **Wilmington**, CA. 90744.



