

Where to Go for Help

Revised 6-13

St. Matthias Episcopal Church

7056 S. Washington Ave. (562) 698-9741
SOUP HOUR: Monday – Friday 3 p.m.
Can use address to receive mail – after 2 p.m.
Hygiene items available 2 – 4 p.m.

First Day

12426 Whittier Blvd., Whittier
(562) 693-4097 (before Noon)
Social Services / Referrals
Help with getting i.d.
Short-term Shelter Program

Interfaith Food Center

~~1545 Leffingwell Rd.~~ ^{11819 Burke St.}
(562) 903-1478 Mon-Fri 9:00-noon
Lunches or Groceries
for Whittier & La Mirada residents
Social Security Card, picture ID, and
other documents required for groceries

First United Methodist Church

13222 Bailey St. (562) 698-0022
Sack lunch: Sundays, after 11:00 a.m.

Salvation Army

7926 Pickering Ave.
(562) 698-8348
Free Showers: Photo ID Required
Monday – Friday Come at 8:50 a.m.
Gate closes 9:00 a.m.

First Love Calvary Church

12817 E. Hadley St.
(562) 693-2500
Free Lunch: Saturdays, 12-1:00 p.m.

St. Mary's Place

7033 Milton Ave. (562) 698-0608
Whittier Residents Only
Groceries, once a month in the
Social Hall

La Mirada Calvary Chapel

15144 Leffingwell, La Mirada
Office: 12287-A La Mirada Blvd.
(562) 941-2558
Saturdays: Free Breakfast 9:00 a.m.
Free Showers, clothes, toiletries

Women & Children's Crisis Center

(562) 945-3939
Open 24 hours
Shelter & Assistance for Victims of Domestic
Violence (Women & Children)
Open to all children under 18
Phone Referral Services Available for Men

EMERGENCY NUMBERS

Emergencies: 911
Info Line 211
Police Department 945-8250
Runaway Hotline 1-800-231-6946 or
1-800-RUNAWAY
Rape Hotline 1-562-597-2002
Suicide Prevention 1-877-727-4747
Child Helpline 1-800-422-4453
Or 1-800-656-HOPE