

2013 Heart Walk

Los Angeles County

Fall 2013

Make a Difference!

The Heart Walk is the best way for companies and individuals to get involved in the fight against the No. 1 and No. 2 killers of men and women - heart disease and stroke in Los Angeles County.

As the American Heart Association's premier national walking event, the Heart Walk promotes physical activity and heart-healthy living, while also celebrating our heart disease and stroke survivors.

Event Details

Choose one of our locations:

- Marie Kerr Park, Palmdale - October 12th
- Pomona Fairplex - October 13th
- Pasadena Rose Bowl - October 19th
- Grand Park, Downtown Los Angeles - October 23rd
- Westfield Valencia Town Center - October 26th
- Santa Monica Pier - November 2nd
- Rainbow Lagoon Park, Long Beach - November 10th

Goal: \$1,750,000

Companies and families participate by forming teams of walkers who obtain pledges on behalf of the American Heart Association. Every dollar raised brings us closer to our goal. Walk with us to save more lives!

Visit www.glacountyheartwalk.org today to register for the walk.

Sign up as an individual or start your own walk team as a team captain. Send emails to friends and family to invite them to join you at the Heart Walk or support your efforts by donating to your personal fundraising page online!

Features

- 5K /3.1 mile Route
- Survivor Route
- Health Expo
- Healthy Food
- Educational Booths
- Survivor Café
- Entertainment
- VIP Tent (\$1000+ Walkers)
- Sponsor Booths
- Kids Zone

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For information 213.291.7094 OR la.heartwalk@heart.org