



Believe, Build, Be. A **Free** Workshop Series for Women

Believe in your unlimited power and potential, **Build** the skills necessary to succeed, **Be** the powerful woman you are meant to be!

Increase Your Self Esteem & Feel Good!

An interactive workshop about self-awareness and empowerment



Presenter:

*Shana Williams, Life Coach,
Writer, Actor and Domestic
Violence Survivor; a principal of
Empowered Lifestyles for over 10
years counseling individuals
through life changes.*

Saturday, October 19, 2013

10a.m. – 12:30 p.m.

Savia Community Center

23780 Newhall Avenue, Newhall, CA

Child Care Available

Child care is sponsored by Single Mothers Outreach. Register no later than one week before the workshop at www.singlemothersoutreach.org or call 661-288-0117

Certificate Drawing
10 am arrivals –
eligible



LifeForward workshops are sponsored by Zonta Club of Santa Clarita Valley in collaboration with Single Mother's Outreach, Domestic Violence Center, Habitat for Humanity SF/SCV Returning Women Veterans and LA County Department of Child & Family Services serving Foster Moms. Schedule of upcoming workshops at www.zontascv.org

ALL WELCOME

