



Resources to Support LGBTQ+ Young People and Their Caregivers

Local and National Support and Resources

Visit our DCFS Youth Page for even more resources and information:
dcfs.lacounty.gov/youth

LA LGBT Center

LA based child and family focused, culturally responsive support committed to increasing safety, well-being and permanency for LGBTQ+ children and youth. A wide array of community and clinical resources focus on self-esteem, relationships and wellness.
lalgbtcenter.org

Long Beach LGBT Center

Located in Long Beach, services include mentorship, mental health care, support groups and student advocacy.
centerlb.org

Penny Lane Centers

Serving our families in the Antelope Valley and throughout LA, services include youth support groups, education and support for transition aged youth (TAY).
pennylane.org

The Help Group's Kaleidoscope Program

San Fernando Valley and LA based services for LGBTQ+ youth, young adults and their families, developing on self-acceptance, mental health stability, strong social connections and resiliency.
kaleidoscopelgbtq.org

The Family Acceptance Project

Helps ethnically, socially, and religiously diverse families increase support for their LGBTQ+ children lgbtqfamilyacceptance.org

Trevor Project

24/7 Crisis services, education, and advocacy for LGBTQ+ young people.
thetrevorproject.org

PFLAG

Nationwide organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them. The LA Chapter offers support groups.
www.pflag.org

Human Rights Campaign

Offers numerous resources to LGBTQ+ people and their allies:

- LGBTQ Youth: resources to support LGBTQ+ youth in your care
- Parenting: resources for issues facing families with parents or children who identify as LGBTQ+
hrc.org/resources

The Wall Las Memorias

LA based program focused on community organizing and outreach. Groups for LGBTQ+ youth and their caregivers focus on wellness and mental health.
Thewallasmemorias.org

RaiseAChild

Local and national services, including resource parent advocates, support networks and training for resource families and youth.
RaiseAchild.org

Child Welfare Information Gateway

Provides practical advice, guidance, and resources for caregivers
Supporting LGBTQ+ Youth: A Guide for Foster Parents