# Prevention & Aftercare Services (P&A)

### HAVE YOU HEARD ABOUT THE PROTECTIVE FACTORS?

Studies show that the strongest, healthiest families have qualities in common. These "protective factors" help create a safe and healthy environment for adults to be the best parents they can be—and for children to learn, grow, and develop to their best potential. To strengthen your family and your protective factors, visit a P&A agency in your community for traditional and non-traditional services, activities, resources and supports such as:

Family Fun Nights
Parenting Education Classes
Structured Parent-Child and/or Family Centered Activities
Financial Literacy
Wellness Activities
Peer Support Groups
Concrete Support for Basic Family Needs
Linkage to additional needed resources

Please note: Due to COVID-19 social distancing requirements, services have been modified, but support is still available.

# Services are free to families, regardless of age, immigration status or insurance status.

#### Where to go for P&A?

SPA 1 - Children's Bureau: Linda Verde Wellness Home 44848 Rodin Avenue Lancaster, CA (661)

341-3341 or Palmdale Location: 1529 East Palmdale Boulevard, Suite 120 Palmdale, CA (661) 272-

9996 or Sunrise Center: 921 West Avenue J. Suite C Lancaster, CA 93534 (661) 949-0131

SPA 2 – Friends of the Family 16861 Parthenia St. North Hills, CA (818) 988-4430

SPA 3 – Prototypes/Health Right 360: 831 E. Arrow Hwy. Pomona, CA (909) 398-4383

SPA 4 – Children's Institute Inc: 2121 W. Temple St. Los Angeles, CA (213) 260-7600

SPA 5 – Allies for Every Child: 12120 Wagner St Culver City, CA (310) 846-4100 ext. 6109

SPA 6 – SHIELDS for Families Inc.: 11601 S Western Ave. Los Angeles, CA (323) 242-5000 or

600 N. Alameda St., Compton, CA 90223 (323) 568-2055

SPA 7 – SPIRITT Family Services: 8022 Painter Avenue Whittier, CA 90602 (562) 903-7000

SPA 8 – South Bay Center for Counseling: 540 N. Marine Ave. Wilmington, CA (310) 414-2090

For American Indian Families Countywide – United American Indian Involvement: 1125 West 6th St. #103 Los Angeles, CA (213) 202-3970

For Asian and Pacific Islander Families Countywide – Special Services for Groups: 905 E. 8th Street Los Angeles, CA 90021 (213) 533-1800 (other locations in San Fernando Valley, San Gabriel Valley, South Bay/Long Beach, Metro LA)

### All LA County families are eligible!

If you have any questions, call (213) 336-2854 or Nicole Davis at (213) 336-2857 or davisnc@dcfs.lacounty.gov or Christopher Perdue at (213) 336-2858 or perduca@dcfs.lacounty.gov.

Brought to you by: Los Angeles County Department of Children and Family Services

