DID YOU KNOW
YOU HAVE THE RIGHT TO

- Adequate living conditions
- Adequate voluntary medical, dental, and psychiatric care
- Fair treatment in administering rewards and punishments
- Contact family members, COUNTY social workers, attorneys, Court Appointed Special Advocates and other designated adult supporters
- Education and community involvement
- Work and develop job skills
- Social contacts
- Adequate clothing
- A reasonable allowance
- Be treated with respect

Know your rights!
For a complete list of foster youth rights or if your rights are being violated, call the California Ombudsman for Foster Care at 1-877-846-1602.